Please Remind My Mother It's Not My Fault

That my body has betrayed us more times than I have fingers and toes. That we've spent the last four Valentines in the same dirty, linoleum-floored waiting room. That all the open signs were dark on the drive home. That the United States doesn't have universal healthcare. That I wore thin, yellow, paper masks to school. That my sister hates how the living room smells like paint thinner when I'm done with the treatment. That when the technician showed us the x-ray on the lab's tv, my lungs were shriveled up and glowing. That blood draws leave bruises that last for weeks, even after hemoglobin levels go back to normal and I'm no longer anemic. That I have a resting sad face. That doctors' offices don't have the glossy tabloids with the who wore it best columns anymore. That old men don't think it's funny when I get seen in the emergency room before them. That bacteria build up resistance to antibiotics and become unkillable superbugs. That I'm becoming a hypochondriac, solely because Google is free and I like staring at pastel infographics about all the grotesque ways it could be worse. That some days I can't ignore the pounding in my skull. That COVID-19 didn't give her the customary 3-4 business days notice before killing 600,000 Americans. That her genes were faulty. That mine are too.

my sister and i in genesis

once when she thought we were sleeping our mother whispered our creation myth into existence our ears pressed against the door

we listened as she sat with her god at the dining room table and told him how in the beginning she had nothing

but a packof her unfiltered cigarettesand our father's crocodile tearsshe let dryoutin an old jam jarfrom the tarry ashes

she formed our minds cut our bodies from the carton filled our synapses with salt and our veins with tap water and breathed

life into our paper doll lungs she named you cain and me abel because she was eve and she had always wanted daughters like us

daughters who would bend in the wind and turn on each other the door muffled the rest but you swore you heard her

pray that when the time came my cardstock skull would be no match for the pebbles in the garden